Resources on Health and Safety in Early Child Care

On General Health Topics

Books and articles


Web sites

American Academy of Pediatrics (AAP) offers numerous resources for parents and early childhood educators. In collaboration with the Department of Health and Human Services, the Child Care Bureau, and the Maternal and Child Health Bureau, AAP sponsors the Healthy Child Care America Campaign. http://www.healthychildcare.org

California Childcare Health Program offers a number of training curricula as well as a newsletter, fact sheets (many available in Spanish), and resources and links for numerous health and safety topics. http://www.ucsfchildcarehealth.org

Health Systems Research reviews literature and resources at the state and federal levels to assist child care providers in their increasingly important role in the overall system of health and safety services for children. http://www.hsrnet.com/pdf/childcare.pdf

Healthfinder Español brings together in Spanish Internet information on doctors, prescriptions, hospitals, health insurance, privacy, and more. http://www.healthfinder.gov/espanol

Healthy Child Care America provides parents, teachers, and health-care professionals with the latest information on a wide range of health issues ranging from SIDS to child passenger safety. http://www.healthychildcare.org


Maternal and Child Health Library is a virtual guide for research and resources relating to mother and child health. http://www.mchlibrary.info

Medlineplus Health Information provides links to Internet sources on a wide variety of topics, like gun safety, all-terrain vehicles, and safety seats, as well as infant and newborn care, school health, child and teen health and safety. http://www.nlm.nih.gov/medlineplus/childsafety.html

National Black Child Development Institute offers a link to An Activity Book for African American Families: Helping Children Cope with Crises, a joint project with NICHD. Also find subscription information for Child Health Talk. http://www.nbcdi.org

National Center for Education in Maternal and Child Health, at Georgetown University’s Public Policy Institute, offers a virtual library of resources. Included are knowledge paths, bibliographies, and documents. http://www.ncemch.org

National Child Care Information Center, a project of the Child Care Bureau, offers a searchable library of materials. http://www.nccic.org

National Resource Center for Health and Safety in Child Care, University of Colorado Health Science Center, provides access to state licensing information (http://nrc.uchsc.edu/STATES/states.htm); electronic versions of Caring for Our Children: National Health and Safety Performance Standards—Guidelines for Out-Of-Home Care, 2nd ed., and Stepping Stones to Using “Caring for Our Children; links to other health and safety Web sites; and other resources for providers and health consultants. http://nrc.uchsc.edu


On Accident Prevention and Fire Safety

Books and articles


Web sites

American Association of Poison Control Centers provides families, and child care providers with a compilation of health-related Web sites, poison prevention information, and links to local poison control centers. http://www.aapcc.org

The Art and Creative Materials Institute (ACMI), a certification program that demonstrates product conformance with the U.S. Labeling of Hazardous Art Materials Act, provides a search engine to find materials with the ACMI seal. http://www.duketox.mc.duke.edu/arts_and_creative_materials_inst.htm

The Centers for Disease Control and Prevention, within the U.S. Department of Health and Human Services, provides information on a wide range of health topics, and health-related publications and products, as well as data and statistics. http://www.cdc.gov


Fireproof Children Company is an international fire-safety education and prevention center. More information about the play safe! be safe! education kit, sponsored by the BIC Corporation, Rowan and Blewitt Services, and the FCC can be found at http://www.playsafebesafe.com


National Fire Protection Association seeks to reduce the threat of fire by providing and advocating codes and standards (http://www.nfpa.org/Codes/index.asp), research (http://www.nfpa.org/Research/index.asp), and training and education (http://www.nfpa.org/catalog/home/index.asp). The Web site also provides important fire-safety tips.

National Program for Playground Safety provides safety tips and FAQs, resources and statistics, a newsletter, and other features. http://www.uni.edu/playground/home.html


On Allergies and Asthma

Books and articles


Web sites

American Academy of Allergy Asthma and Immunology provides parents and health-care professionals with information on asthma and allergy medications, treatment options, and health alerts. http://www.aaaai.org
Asthma and Allergy Foundation of America provides the latest research on asthma and allergies, information about available support groups for parents, links to educational programs, and advocacy tips. http://www.aafa.org


The Food Allergy and Anaphylaxis Network provides the latest allergy information, educational seminars, and books, videos and other educational products to parents, teachers, and health-care professionals. http://www.foodallergy.org

On Physical Development and Fitness

Books and articles


Web sites

- National Clearinghouse for Educational Facilities. A free public service disseminating information such as resources lists on playgrounds and outdoor learning; links to a wide variety of relevant information. http://www.edfacilities.org
- PE Central. Provides information about developmentally appropriate physical education activities for children. Numerous topics are addressed along with suggested lessons for different ages. http://www.pecentral.org

On Health Consultations

Books and articles


On Health Insurance for Children and Families

Web sites

- Covering Kids and Families is a National Health Access Initiative for children and adults from low-income, uninsured children households. http://www.coveringkids.org
- Insure Kids Now, a program of the United States Department of Health and Human Services, provides families and child care centers with information and resources about free and low-cost child health insurance. http://www.insurekidsnow.gov
The Nation’s Network of Child Care Resource & Referral (NACCRRA) provides a network of resource and referral centers to help families, child care providers, and communities find, provide, and plan for affordable, quality childcare that meets children’s special needs. http://www.naccrra.org

State Children’s Health Insurance Program (SCHIP), run through the Centers for Medicare and Medicaid Services, provides researchers and consumers with an index of topics including regulations, annual reports, and eligibility. http://www.cms.hhs.gov/schip

On Lead Poisoning

Books and articles


Web sites

Alliance for Healthy Homes provides families with general information about lead poisoning prevention and other housing-related health hazards. http://www.afhh.org

Community Environmental Health Resource Center provides community-based groups in low-income neighborhoods with resources for documenting and addressing environmental health hazards in housing. http://www.cehrc.org

Resource Guide on Children’s Environmental Health provides information on and links to national and local organizations to protect children; sources of information on environmental hazards, health effects, and exposure routes; Internet sites; search tools; and glossary. http://www.cehn.org/cehn/resourceguide/rgabout.html

On Nutrition

Books and articles


**Web sites**

**Child Care Nutrition Resource System** provides information on food preparation, food safety, recipes, and other nutrition resources. A useful resource for those working in USDA’s Child Nutrition Programs. [http://www.nal.usda.gov/childcare/index.html](http://www.nal.usda.gov/childcare/index.html)

**Department of Agriculture** invites schools to join Team Nutrition, focusing on nutritious school meals, nutrition education, and a health-promoting school environment. [http://www.fns.usda.gov/tn/Join/index.htm](http://www.fns.usda.gov/tn/Join/index.htm)

**Food and Nutrition Information Center** at the National Agricultural Library offers resources for consumers, health professionals, teachers, and government staff. Find links to education materials, health reports, and research updates. [http://www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)

**National Food Service Management Institute** at the University of Mississippi provides resource guides, workshops, teleconferences, audio conferences, and training packages to promote the continuous improvement of Child Nutrition Programs. [http://www.olemiss.edu/depts/nfsmi/index.html](http://www.olemiss.edu/depts/nfsmi/index.html)

**National Network for Child Care** offers Spanish-language resources on nutrition. [http://www.nncc.org/Nutrition/sp.nutr.page.html](http://www.nncc.org/Nutrition/sp.nutr.page.html)


**On Specific Health Issues**

**Books and articles**

**Bakley, S. 2001.** Through the lens of sensory integration: A different way of analyzing challenging behavior. *Young Children* 56 (6): 70–76.


**Web sites**

Head Lice Resources You Can Trust provides current, reliable, research-based resources, including Q&A, a video, and printer-friendly materials. [http://lancaster.unl.edu/enviro/pest/lice.htm](http://lancaster.unl.edu/enviro/pest/lice.htm)

National SIDS/Infant Death Resource Center shares information sheets, publications, bibliographies, and reference and referral services about SIDS and related topics. [http://www.sidscenter.org](http://www.sidscenter.org)